

Weekly Ayush Internship Training Programme for MBBS Interns at SCRU, Tirupati:

To raise knowledge of Siddha medicine, the Siddha Clinical Research Unit (SCRU), Tirupati, has started hosting weekly educational sessions for MBBS interns from Sri Padmavathi Medical College for Women (SPMCW), SVIMS. In addition to therapeutic techniques like Yogam, Varmam, and Thokkanam (therapeutic massage), a fresh group of students is trained practically in Siddha diagnoses like as Naadi Parisothanai (Pulse diagnosis), Neerkuri-Neikuri (Urine analysis), and Manikadai Nool (Anthropometry) every week. Insights into Siddha's holistic healthcare approach and garden-based learning about medicinal plants are also included in the courses. The program, which benefits about 20 students every month, helps them better comprehend traditional medicine and cultivates a team-based approach to contemporary, holistic therapy.



Siddha Integrative class to the Nursing students, at Siddha Clinical Research Unit, Safdarjung Hospital, New Delhi:

2nd Year B. Sc Nursing Students of the College of Nursing, Dr Ram Manohar Lohia College of Medical Sciences attended the Siddha class on 30th November 2024 at Siddha Clinical Research Unit, Safdarjung Hospital, New Delhi in 2 separate batches. Dr (Mrs) Rathi Balachandran, Current Principal and Former Assistant Director General (Nursing) and Sr Faculty College of Nursing, ABVIMS & Dr RML Hospital MoHFW, Government of India took an initiative for Siddha Integrative Class. Dr. M. Mohanapriya took a class for Nursing students about the Pathophysiology, Preventive measures and treatment modalities of Cholelithiasis as per Siddha along with the Basics of the Siddha system of medicine. Totally 45 students attended the session in two separate batches from 10.00 am to 11.00 am and from 11.00 am to 12.00 pm on 30th November 2024.



Ayush- Siddha Class for MBBS Interns at Siddha Clinical Research Unit, Safdarjung Hospital, New Delhi:

MBBS interns, from Vardhman Mahavir Medical College & Safdarjung Hospital, New Delhi joined the Siddha class for Ayush electives on the 16th of November 2024 at Siddha Clinical Research Unit (Central Council for Research in Siddha, Ministry of Ayush, Govt of India). The introduction and concept of Siddha were explained by the Doctors which will facilitate the inculcation of Siddha in Allopathic practice to improve patient footfall.

Observation of World Diabetes Day – 2024:

On November 14, 2024, Siddha Central Research Institute (SCRI), Chennai, observed World Diabetes Day by inaugurating an Integrated Diabetic OPD and organizing a medical camp at the National Institute of Epidemiology (ICMR), Ayapakkam. Under the direction of Prof. Dr. N.J. Muthukumar, Director General, CCRS, and with support from Dr. A. Kanagarajan, Assistant Director (Siddha) & In-charge, SCRI, the OPD educated 120 patients on diabetes management through Siddha and modern medicine, offering free screenings, consultations, and treatment. Experts delivered talks on diabetes pathology, diet, lifestyle changes, and yoga. Simultaneously, the Ayapakkam camp provided free Siddha consultations, medicines, and blood investigations, benefiting 75 attendees. Dr. R. Ganesan discussed the importance of blood tests, while Dr. A. Juliet addressed dietary and lifestyle management. A virtual meeting followed, where Prof. Dr. N.J. Muthukumar commended SCRI's efforts, with CCRS officials and unit heads participating online.

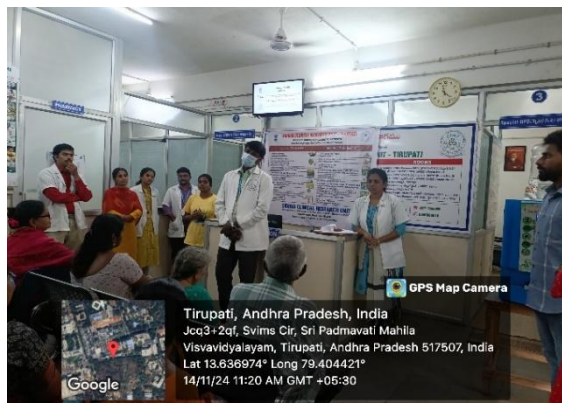


The Siddha Clinical Research Unit (SCRU), Tirupati, under CCRS, Ministry of Ayush, hosted a free Siddha Integrative Medical Camp in TC Agraharam, Vadamalapet Mandal, on November 13, 2024, in connection with World Diabetes Day. The camp included free diabetes screenings, professional consultations, and comprehensive advice on dietary and lifestyle changes with an emphasis on managing non-communicable diseases (NCDs). The ceremony, which was opened by Dr. Chakrapani and other dignitaries, emphasised the value of integrative treatment and early detection. With 73 patients (17 men and 56 women) receiving free Siddha medications and individualised health advice, nearly 100 villagers benefited.



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On November 14, 2024, the Siddha Clinical Research Unit (SCRU), Tirupati, under CCRS, Ministry of Ayush, observed World Diabetes Day at its OPD premises. Dr. K. Samraj, Research Officer Incharge, delivered an awareness speech on diabetes, its complications, and the benefits of an integrative Siddha approach. Patients underwent comprehensive diabetic screenings for early detection and personalized care. Dr. S. Rajalakshmi, Research Associate III (S), conducted a session on therapeutic yoga for diabetes management, emphasizing physical activity. The event was well-received, providing patients, visitors, and students with valuable insights into holistic diabetes care.



The Siddha Regional Research Institute, Puducherry, commemorated World Diabetes Day 2024 with two key events. An Integrative Diabetic OPD was inaugurated by Dr. P. Sathiyarajeswaran, Assistant Director (S) S-IV, I/c, focusing on personalized integrative diabetic management. Dr. Shyamala Rajkumar, R.O (S) S-III, HOD, elaborated on its objectives. Additionally, a Diabetes Screening Medical Camp was conducted in collaboration with Pondicherry University on November 14, 2024, benefiting around 60 employees. The event was inaugurated by Prof. K. Tharanikkarasu, Vice-Chancellor (i/c), with addresses from university officials and Siddha experts. The camp was coordinated by Dr. S. Shunmugaram, Dr. A. Lavanya, and Dr. P. Thenmozhi, providing screenings and Siddha treatments.

The Siddha Clinical Research Unit, Safdarjung Hospital Campus, New Delhi, organized a World Diabetes Day Awareness Program on November 14, 2024. Coordinated by Dr. R. Susila, Research Officer (S) & Incharge, the event featured awareness speeches by Dr. M. Mohanapriya, Dr. J. Nikil Niva, and Dr. L. Sridevi on diabetes, its risk factors, complications, diagnostic methods, and Siddha-based management, including diet and lifestyle modifications. IEC materials were distributed, and patients underwent random blood glucose testing at Vardhman Mahavir Medical College and Safdarjung Hospital. A total of 40 patients benefited from the program.



Janjatiya Gaurav Divas 2024:

Based on the instructions received from Ministry of Tribal Affairs, in connection with Janjatiya Gaurav Varsh celebration, Janjatiya Gaurav Divas 2024 was observed by CCRS-Siddha Central Research Institute (SCRI). In commemoration of the above, an awareness talks and medical camp was conducted in tribal hamlet, Attrambakkam village, Tiruvallur district, TN, on 23.11.2024, under the guidance of Prof. Dr. N. J. Muthukumar, Director General, Central Council for Research in Siddha and Dr. A. Kanagarajan, Asst. Director (Siddha), Scientist-IV and institute in charge, SCRI. Dr. A. Usha, Research Officer (Siddha) gave an awareness talk regarding Siddha system of medicine and the treatment available in SCRI. The team members of department of clinical research of SCRI comprising social worker, staff nurse, Pharmacist and Driver and MTA showed their active participation in conducting the medical camp. More than 80 people from the tribal hamlet got benefitted by the free Siddha medical camp with free medicines and the awareness talk.



Observation of Janjatiya Gaurav Divas: Free Medical Camp at Kadiri Mangalam, Tirupati

On November 22, 2024, the Siddha Clinical Research Unit (SCRU), Tirupati, organized a free medical camp at the Government Panchayat Office, Kadirimangalam, Vadamalapet, to commemorate Janjatiya Gaurav Divas and the 150th birth anniversary of Birsa Munda. Dr. R. Tamilselvan, Consultant (Siddha), delivered an awareness speech on Munda's contributions, including the Ulgulan Movement against colonial oppression and his vision of tribal self-rule and sustainable living, aligning with Siddha principles. He also provided free medical consultations, benefiting 57 patients (26 men, 31 women), making the initiative a valuable community service.

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Observation of Janjatiya Gaurav Divas: SCRU, Tirupati

As part of Janjatiya Gaurav Divas, the Siddha Clinical Research Unit (SCRU), Tirupati, commemorated the 150th birth anniversary of Birsa Munda, honoring his legacy as a tribal leader and freedom fighter. In his address, Administrative Consultant Mr. V.K. Sundaravadhanam highlighted Munda's efforts to protect tribal lands, lead the Ulgulan Movement against colonial rule, and unite tribal communities for social change. He also emphasized Munda's advocacy for environmental harmony and sustainable living. The event underscored SCRU's commitment to honoring national heroes and raising awareness of their contributions to India's history and cultural heritage.



India International Trade Fair 2024 from 14th to 27th November 2024 at Bharat Mandapam, Pragati Maidan, New Delhi:

The 43rd India International Trade Fair (IITF) 2024, organized by the India Trade Promotion Organization, was held from November 14 to 27 at Pragati Maidan, New Delhi, under the theme Viksit Bharat @ 2047. Inaugurated by Union Minister Shri Piyush Goyal, the event highlighted India's vision for self-reliance and prosperity by 2047. As per the Ministry of Ayush's directives and under the guidance of Prof. Dr. N. J. Muthukumar, a team from the Central Council for Research in Siddha (CCRS) participated, led by Dr. R. Susila. The Siddha pavilion showcased the system's strengths through books, awareness pamphlets, and Siddha Aahar products, including Hibiscus Infusion Tea, Panchamutti Kanji, and Karisalai Mittai. Free samples of Ragi Ladoo, Jowar Balls, and Halim Nachos were distributed, and dietary assessments using the Yakkayin Ilakanam (YI) tool provided personalized health recommendations. IEC materials were also distributed to enhance public awareness of Siddha medicine. The Hon'ble Minister of State (Independent Charge) Ministry of Ayush, Govt of India, Shri Prataprao Jadhav visited the CCRS Stall in the Ministry of Ayush Pavilion on 26th November 2024.



Siddha Cancer OPD at Siddha Clinical Research Unit, Safdarjung Hospital, New Delhi:

The Siddha Clinical Research Unit (CCRS, Ministry of Ayush, Govt. of India), New Delhi, is conducting a Siddha Cancer Special OPD at Safdarjung Hospital campus every Thursday of November 2024. Additionally, as part of the Integrated Ayush Cancer OPD at the All-India Institute of Ayurveda, Sarita Vihar, the unit is providing Siddha consultations and free Siddha medicines every Friday of November 2024. Dr. B. Bharathi, Dr. L. Sridevi, and Mr. R. Ramakrishnan are engaged in AIIA duty for this initiative.



E-Sanjeevani OPD:

E-Sanjeevani Tele consultation OPD was conducted at Siddha Clinical Research Unit, New Delhi on every Thursday. Dr. M. Mohanapriya Domain Expert Siddha consulted the patients attending E- E-Sanjeevani tele consultation.

